

4 Home Nations Challenge Cup, 5th October 2002

WOMEN'S Results								
Name	Country	BWT.	Squat	Bench Press	Sub Total	Deadlift	Total	Wilks
C. Robinson	England	59.80	110.00	55.00	165.00	140.00	305.00	340.93
M. Chesney	England	49.00	100.00	52.50*	152.50	112.50	262.50	342.40
G. Lesting	England	55.20	95.00	60.00	155.00	125.00	280.00	333.20
S. Hall	England	66.50	127.50	50.00	177.50	140.00	317.50	327.60
L. Sant	England	75.00	130.00	60.00	190.00	140.00	330.00	313.70
								1671.70
F. Skiftesvik	Scotland	81.90	145.00	75.00	220.00	160.00	380.00	343.30
R. Buckner	Scotland	99.50	155.00	72.50	227.50	165.00	392.50	327.30
S. Carruthers	Scotland	66.50	105.00	55.00	160.00	140.00	300.00	309.50
C. McSherry	Scotland	64.40	125.00	52.50	177.50	137.50	315.00	263.40
S. Cerquiera	Scotland	50.20	55.00	27.50	82.50	80.00	162.50	208.10
								1451.60
L. Williams	N.Ireland	71.40	142.50	75.00	217.50	167.50	385.00	377.90
P. McCrudden	N.Ireland	63.60	95.00	45.00	140.00	125.00	265.00	282.60
L. Fennell	N.Ireland	59.40	95.00	40.00	135.00	100.00	235.00	264.00
M. Dougan	N.Ireland	59.20	75.00	40.00	115.00	100.00	215.00	242.20
S. Hazelhurst	N.Ireland	83.90	85.00	62.50	127.50	40.00	187.50	167.30
* British U18 Record								1334.00
MEN'S Results								
Name	Country	BWT.	Squat	Bench Press	Sub Total	Deadlift	Total	Wilks
J. Blanchflower	England	160.00	360.00	225.00	585.00	290.00	875.00	479.70
T. S. Adwale	England	80.50	257.50	140.00	397.50	297.50	695.00	472.60
A. Thompson	England	138.50	310.00	230.00	540.00	300.00	840.00	470.20
A. Hawkins	England	118.00	305.00	212.50	517.50	295.00	812.50	469.00
C. Creedy	England	73.50	247.50	122.50	370.00	250.00	620.00	448.10
								2339.60
J. Jack	Scotland	111.00	310.00	200.00	510.00	280.00	790.00	463.60
R. Wylie	Scotland	81.50	262.50	155.00	417.50	255.00	672.50	453.80
J. Maxwell	Scotland	55.50	180.00	112.50	292.50	200.00	492.50	452.30
S. Cumming	Scotland	102.00	280.00	185.00	465.00	260.00	725.00	437.80
A. Cowley	Scotland	90.00	257.50	157.50	415.00	260.00	675.00	430.90
								2238.60
P. Richard	Wales	66.00	260.00	160.00	420.00	230.00	650.00	510.40
K. Williams	Wales	94.00	205.00	135.00	340.00	240.00	580.00	362.50
A. Thomas	Wales	105.00	200.00	150.00	350.00	255.00	605.00	361.50
C. Protheroe	Wales	73.50	160.00	115.00	275.00	205.00	480.00	346.90
R. Jones	Wales	86.20	170.00	105.00	275.00	210.00	485.00	316.80
								1898.20
C. Lennox	N.Ireland	91.00	255.00	177.50	432.50	267.50	700.00	444.40
G. Hyndman	N.Ireland	73.50	182.50	112.5	295.00	200.00	495.00	357.80
F. Curran	N.Ireland	122.50	210.00	165.00	375.00	220.00	595.00	340.50
P. Wilkinson	N.Ireland	119.20	210.00	135.00	345.00	235.00	580.00	334.00
G. Kelly	N.Ireland	49.20	120.00	80.00	200.00	170.00		0.00
								1476.70
Lifting Reserves								
R. Frazer	Scotland	66.80	175.00	130.00	305.00	225.00	530.00	412.10
B. Parfitt	Scotland	71.30	190.00	120.00	310.00	230.00	540.00	399.10
W. Lincoln	Scotland	82.00	255.00	160.00	415.00	235.00	650.00	437.00
D. Thomas	Wales	67.50	100.00	60.00	160.00	165.00	325.00	250.60