

4 NATIONS INTERNATIONAL 2007 LIVINGSTON, SCOTLAND 27th OCTOBER 2007

Name	Club	*	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Pos.
100KG															
PHILLIP WATKINS	Wales	*	92.4	-270.0	-270.0	270.0	-185.0	-185.0	-185.0		260.0	280.0	-290.0		
SAM PORTER	Northern Ireland	*	98.0	240.0	250.0	-257.5	-180.0	180.0	190.0	440.0	240.0	250.0	255.0	695.0	1
KEVIN JANE	England		92.6	242.5	252.5	-262.5	155.0	160.0	-162.5	412.5	270.0	-280.0	-282.5	682.5	2
GERIENT NICHOLAS	Wales	*	97.5	-230.0	230.0	245.0	140.0	147.5	-152.5	392.5	245.0	260.0	282.5	675.0	3
STEPHEN O'DONNELL	Scotland	*	95.3	-250.0	-250.0	260.0	130.0	-140.0	-140.0	390.0	250.0	280.0	-295.0	670.0	4
110KG															
GEOFF FARIS	Northern Ireland	*	100.7	255.0	265.0		190.0	195.0		460.0	262.5	282.5	-300.0	742.5	1
125KG															
BOB SADLER	Wales		122.0	-240.0	-240.0	240.0	160.0	165.0	-172.5	405.0	220.0	250.0	-267.5	655.0	1
125KG+															
MICK ASHURST	England		128.1	-350.0	350.0		185.0	192.5	197.5	547.5	315.0	327.5	332.5	880.0	1
BRIAN IRWIN	Northern Ireland	*	142.2	300.0	310.0	320.0	-215.0	215.0	-225.0	535.0	310.0	325.0	-342.5	860.0	2
ROB THOMAS	Wales	*	151.9	300.0	-320.0		-250.0	250.0	-270.0	550.0	250.0	265.0	-275.0	815.0	3

REFEREE

MIKE WATTS

REFEREE

CAMPBELL HIGGINS

REFEREE

DES SCOTT