

WEIGHTLIFTINGSCOTLAND- POWERLIFTING WEST DISTRICT CHAMPIONSHIPS 8th OCT 2005 GRANGEMOUTH STADIUM

Name	Club	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Pos
90KG														
GERALDINE FITZSIMMONS	CITY OF GLASGOW	89.7	140.0	150.0	160.0	50.0	-57.5	57.5	217.5	140.0	155.0	160.0	377.5	1
CLAIRE CAMERON	LANGCROFT	87.8	50.0	55.0	57.5	70.0	75.0	77.5	135.0	105.0	110.0	112.5	247.5	2
56KG														
DARREN BELL	UNATTACHED	54.0	75.0	-80.0	80.0	45.0	50.0	-55.0	130.0	90.0	105.0	-120.0	235.0	1
67.5KG														
GORDON RENNIE	KEY TO LIFE	65.8	130.0	140.0	-145.0	75.0			215.0	175.0	180.0	185.0	400.0	1
75KG														
RAYMOND BELL	UNATTACHED	73.2	170.0	185.0	192.5	125.0	135.0	142.5	335.0	170.0	192.5	-200.0	527.5	1
ANDY CLEGG	UNATTACHED	70.0	160.0	170.0	177.5	-110.0	110.0	115.0	292.5	180.0	195.0	-205.0	487.5	2
JONATHON BIGGIN	KEY TO LIFE	74.4	135.0	145.0	150.0	-100.0	105.0	-110.0	255.0	175.0	185.0	195.0	450.0	3
JOHN PAUL HAYES	KEY TO LIFE	73.9	125.0	130.0	135.0	70.0	75.0	-80.0	210.0	160.0	170.0	180.0	390.0	4
82.5KG														
ROBERT FORBES	UNNATTACHED	77.2	142.5	150.0	160.0	-115.0	115.0	117.5	277.5	185.0	-195.0	202.5	480.0	1
90KG														
STEPHEN HOLMES	PAISLEY	86.3	210.0	-225.0	225.0	140.0	145.0	150.0	375.0	235.0	255.0	275.0	650.0	1
JAMES GILLESPIE	UNNATTACHED	88.8	190.0	210.0	232.5	-165.0	165.0	-180.0	397.5	190.0	220.0	230.0	627.5	2
JAMES LOGIE	PAISLEY	89.5	215.0	-225.0	225.0	155.0	-165.0	-165.0	380.0	220.0	230.0	240.0	620.0	3
STEPHEN ALI	CITY OF GLASGOW	87.4	110.0	120.0	130.0	-70.0	-70.0	70.0	200.0	140.0	150.0	160.0	360.0	4
100KG														
STEWART OGG	PAISLEY	96.5	270.0	285.0	-295.0	170.0	-180.0	180.0	465.0	275.0	295.0	-312.5	760.0	1
STEPHEN O'DONNELL	PAISLEY	97.0	265.0	280.0	285.0	135.0	142.5	-150.0	427.5	270.0	282.5	-292.5	710.0	2
MARK MORLEY	UNATTACHED	93.5	210.0	230.0	240.0	130.0	-150.0	150.0	390.0	270.0	-290.0	-290.0	660.0	3
PAUL MURRAY	UNATTACHED	94.0	160.0	180.0	190.0	95.0	-105.0	-105.0	285.0	200.0	220.0	-232.5	505.0	4
110KG														
DANIEL HYSLOP	PAISLEY	107.5	245.0	270.0		140.0	155.0	162.5	432.5	220.0	245.0		677.5	1
125KG														
SIMON CHRISTIE	PAISLEY	118.0	230.0	250.0	275.0	135.0	-145.0	150.0	425.0	245.0	265.0	280.0	705.0	1
HAMISH DAVIDSON	PAISLEY	114.2	210.0	-220.0		135.0	-140.0		345.0	225.0			570.0	2

BEST LIFTER MALE - STEWART OGG

BEST LIFTER FEMALE - GERALDINE FITZGERALD

REFEREES

HELEN RICHARDS

JIM MUTRIE

ALEX MATHIESON

CAMPBELL HIGGINS

MC PAT HIGGINS

TABLE MARLYN MATHIESON

LOADERS TERRY BAPTISTE

ALEX CAMPBELL

EVENT MANAGER DAVID HAMMOND

MARK PATERSON

IAN MURRAY

MIKE BLAIR

ANDY CLEGG