

Commonwealth Powerlifting Championships September 2005

Mens

| Weight Category | 52kg | | | | | | | | | | | | | | | | |
|------------------------|---------------|-----------|-------------------|-------------------|-------------------|-------------|-------------------|-------------------|-------------------|-------------|------------------|-------------------|-------------------|-------------------|-------------|--------------|-----------------|
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | Position |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Pat Constantine | Eng | 51.85 | 185.00 | 200.00 | 200.00 | 200.00 | 105.00 | 110.00 | 115.00 | 115.00 | 315.00 | 200.00 | 215.00 | 232.20 | 215.00 | 530.00 | 1st |
| Grard Kelly | NI | 51.45 | 110.00 | 120.00 | 135.00 | 120.00 | 80.00 | 90.00 | 100.00 | 100.00 | 220.00 | 160.00 | 160.00 | - | 160.00 | 380.00 | 2nd |
| Weight Category | 56kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| John Maxwell | Scot | 55.95 | 165.00 | 185.00 | 195.00 | 195.00 | 115.00 | 125.00 | 135.00 | 135.00 | 330.00 | 205.00 | 215.00 | 220.00 | 215.00 | 545.00 | 1st |
| Chad Mitchell | Eng | 55.60 | 175.00 | 185.00 | 192.50 | 192.50 | 95.00 | 102.50 | 105.00 | 105.00 | 297.50 | 170.00 | 180.00 | 182.50 | 180.00 | 477.50 | 2nd |
| Karl Christians | RSA | 55.65 | 160.00 | 175.00 | 175.00 | 160.00 | 90.00 | 95.00 | 95.00 | 90.00 | 250.00 | 180.00 | 195.00 | 22.50 | 195.00 | 445.00 | 3rd |
| Weight Category | 60kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Marlon Daniels | RSA | 58.85 | 160.00 | 175.00 | 200.00 | 200.00 | 80.00 | 130.00 | - | 130.00 | 330.00 | 140.00 | 170.00 | 200.00 | 200.00 | 530.00 | 1st |
| Weight Category | 67.5kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd - 4th | Best | | |
| Adel Rana | Pak | 67.25 | 235.00 | 242.50 | 250.00 | 250.00 | 170.00 | 175.00 | 180.00 | 175.00 | 425.00 | 270.00 | 270.00 | 270 - 275 | 275.00 | 700.00 | 1st |
| Phil Richard | Wales | 67.20 | 265.00 | 277.50 | 282.50 | 277.50 | 172.50 | 177.50 | 182.50 | 182.50 | 460.00 | 230.00 | 237.50 | 242.50 | 237.50 | 697.50 | 2nd |
| Barry Sheerin | Eng | 66.45 | 490.00 | 190.00 | 200.00 | 190.00 | 145.00 | 160.00 | 175.00 | 160.00 | 350.00 | 245.00 | 245.00 | 250.00 | 245.00 | 595.00 | 3rd |
| Jean S Rheume | Can | 67.35 | 197.50 | 210.00 | 220.00 | 210.00 | 147.50 | 155.00 | 160.00 | 160.00 | 370.00 | 205.00 | 215.00 | 215.00 | 215.00 | 585.00 | 4th |
| Mike Gardiner | NZ | 67.40 | 200.00 | 210.00 | 210.00 | 210.00 | 127.50 | 135.00 | 140.00 | 140.00 | 350.00 | 225.00 | 237.50 | 237.50 | 225.00 | 575.00 | 5th |
| Mike McBride | Scot | 66.40 | 180.00 | 180.00 | 195.00 | 195.00 | 110.00 | 115.00 | 117.50 | 110.00 | 305.00 | 225.00 | 235.00 | 237.50 | 235.00 | 540.00 | 6th |
| Weight Category | 75kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Wally Schmidt | RSA | 74.50 | 225.00 | 235.00 | 240.00 | 240.00 | 155.00 | 160.00 | 162.50 | 162.50 | 402.50 | 260.00 | 272.50 | 280.00 | 272.50 | 675.00 | 1st |
| Sean Muir | Aus | 74.60 | 232.50 | 245.00 | 252.50 | 252.50 | 152.50 | 157.00 | 160.00 | 160.00 | 412.50 | 252.00 | 262.50 | 270.00 | 262.50 | 675.00 | 2nd |
| Manoj Chahal | Eng | 74.65 | 230.00 | 240.00 | 245.00 | 240.00 | 150.00 | 160.00 | 160.00 | 160.00 | 400.00 | 235.00 | 245.00 | 250.00 | 245.00 | 645.00 | 3rd |
| Wallace Clarke | NI | 73.90 | 215.00 | 225.00 | 235.00 | 235.00 | 140.00 | 147.50 | 152.50 | 152.50 | 387.50 | 240.00 | 255.00 | 257.50 | 255.00 | 642.50 | 4th |
| Rob Parfitt | Scot | 72.70 | 200.00 | 210.00 | 220.00 | 220.00 | 125.00 | 132.50 | 140.00 | 140.00 | 360.00 | 230.00 | 240.00 | 255.00 | 240.00 | 600.00 | 5th |
| Alex McNamara | Scot | 72.30 | 190.00 | 190.00 | 190.00 | 190.00 | 125.00 | 132.50 | 140.00 | 132.50 | 322.50 | 190.00 | 190.00 | 200.00 | 190.00 | 512.50 | 6th |
| David Todd | Wales | 73.50 | 187.50 | 192.50 | 192.50 | 187.50 | 125.00 | 125.00 | 125.00 | - | - | 205.00 | 217.00 | 230.00 | 230.00 | - | Disq |

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| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
|------------------------|---------------|--------|-------------------|-------------------|-------------------|--------|-------------------|-------------------|-------------------|--------|-----------|-------------------|-------------------|-------------------|--------|--------|------|
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Andy Rodney | Eng | 109.35 | 302.50 | 330.00 | 345.00 | 345.00 | 182.50 | 192.50 | 200.00 | 192.50 | 537.50 | 300.00 | 315.00 | 322.50 | 315.00 | 852.50 | 1st |
| Muhammad I Khalid | Pak | 101.75 | 315.00 | 330.00 | 335.00 | 335.00 | 200.00 | 210.00 | 215.00 | 215.00 | 550.00 | 290.00 | 302.50 | 305.00 | 290.00 | 840.00 | 2nd |
| Brian George | Can | 104.10 | 272.50 | 272.50 | 272.50 | 272.50 | 177.50 | 185.00 | 195.00 | 185.00 | 457.50 | 265.00 | 280.00 | 292.50 | 265.00 | 722.50 | 3rd |
| James Jack | Scot | 109.05 | 310.00 | 330.00 | 330.00 | 310.00 | Withdrew | | | | | | | | | | |
| Abdul Munaf | Ind | 109.80 | 335.00 | 335.00 | 335.00 | - | Withdrew | | | | | | | | | | |
| Weight Category | 125kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Dean Bowering | Eng | 124.10 | 335.00 | 355.00 | 365.00 | 365.00 | 270.00 | 270.00 | 282.50 | 270.00 | 635.00 | 315.00 | 335.00 | 350.00 | 335.00 | 970.00 | 1st |
| Mark Griffin | Can | 115.75 | 290.00 | 290.00 | 307.50 | 307.50 | 245.00 | 257.50 | 267.50 | 257.50 | 565.00 | 280.00 | 292.50 | 292.50 | 280.00 | 845.00 | 2nd |
| Mark Van Der Haer | RSA | 118.15 | 290.00 | 310.00 | 310.00 | 290.00 | 230.00 | 230.00 | 240.00 | 230.00 | 520.00 | 300.00 | 300.00 | 325.00 | 300.00 | 820.00 | 3rd |
| Andy Hawkins | Eng | 122.25 | 290.00 | 305.00 | 320.00 | 305.00 | 210.00 | 210.00 | 230.00 | 210.00 | 515.00 | 260.00 | 280.00 | 307.50 | 280.00 | 795.00 | 4th |
| Michael Jent | Scot | 121.55 | 250.00 | 260.00 | 260.00 | 260.00 | 190.00 | 200.00 | 210.00 | 210.00 | 470.00 | 260.00 | 270.00 | 280.00 | 280.00 | 750.00 | 5th |
| Sanjay Saresai | Ind | 110.60 | 280.00 | 280.00 | 280.00 | - | Withdrew | | | | | | | | | | |
| Weight Category | 125+kg | | | | | | | | | | | | | | | | |
| Name | Nation | BW | Squat | | | | Bench | | | | Sub Total | Deadlift | | | | Total | |
| | | | 1st | 2nd | 3rd | Best | 1st | 2nd | 3rd | Best | | 1st | 2nd | 3rd | Best | | |
| Andy Thompson | Eng | 162.90 | 360.00 | 380.00 | 380.00 | 360.00 | 270.00 | 270.00 | 280.00 | 270.00 | 630.00 | 300.00 | 330.00 | 345.00 | 330.00 | 960.00 | 1st |
| Robert Thomas | Wales | 147.35 | 240.00 | 240.00 | 260.00 | 240.00 | 190.00 | 210.00 | 220.00 | 190.00 | 430.00 | 240.00 | 255.00 | - | 240.00 | 670.00 | 2nd |
| Jim Blanchflower | Eng | 171.60 | 360.00 | 360.00 | 380.00 | - | 265.00 | 265.00 | 265.00 | - | - | 285.00 | 300.00 | 315.00 | 315.00 | - | Disq |
| Arno Lamprecht | RSA | 171.90 | 360.00 | 360.00 | 390.00 | - | 180.00 | 245.00 | 270.00 | 180.00 | - | 280.00 | 305.00 | 317.50 | 317.50 | - | Disq |