

SPA BENCHPRESS CHAMPIONSHIP 4th JULY 2004

	Name	Club		Wt.	BENCHPRESS			Total	Pos.
	75kg								
M	Ian Kennedy	Unattached	s	74.9	-135.0	-135.0	140.0	140.0	1
M	Raymond Bell	Unattached	s	71.1	110.0	122.5	132.5	132.5	2
M	Alec Mcnamara	Fitness Plus	s	71.0	125.0	130.0	-135.0	130.0	3
	82.5kg								
M	Wullie Lincoln	Kilmarnock	m2	82.5	162.5	172.5	-180.0	172.5	1
	90kg								
F	Geraldine Fitzsimmons	Scotland West	m1	88.2	45.0	50.0	55.0	55.0	1
	90kg								
M	Dave Normand	Unattached	m1	88.0	180.0	190.0	197.5*	190.0	1
M	Bill Mcfadyen	Unattached	m4	85.0	160.0	-170.0	172.5	172.5	2
M	Jim Mutrie	Paisley	m1	88.3	140.0	150.0		150.0	3
M	Brian Baker	Paisley	m2	89.7	117.5	122.5	-127.5	122.5	4
	100kg								
M	Ali Donaldson	Paisley	s	97.3	180.0	-190.0	-190.0	180.0	1
M	Keith Craigmyle	Spartan		98.3	165.0	-177.5	177.5	177.5	2
M	Frank Sinclair	Paisley	m1	97.3	-160.0	-160.0	-160.0		
	110kg								
M	Steve Cumming	Spartan		104.9	175.0	185.0	192.5	192.5	1
	125kg								
m	Mark Thompson	Unattached	s	115.7	170.0	190.0	-210.0	190.0	1

REFEREE

Campbell Higgins

Cat1

REFEREE

Alex Mathieson

Nat

REFEREE

David Hammond

Nat

Best Overall Lifter

Dave Normand

***British Masters Record**