

## SCOTTISH POWERLIFTING ASSOCIATION MASTERS CHAMPIONSHIPS 2003

Name	Division		Wt.	Squat			Bench Press			Sub	Deadlift			Total	Pos.
<b>67.5kg</b>															
Senga Bradley	Kilmarnock	M1	64.5	100.0	<del>-110.0</del>	<b>112.5</b>	50.0	<b>52.5</b>	<del>-55.0</del>	165.0	100.0	112.5	<b>120.0</b>	285.0	1
Helen Richards	Meadowmill	M2	67.0	100.0	<b>107.5</b>	<del>-115.0</del>	62.5	65.0	<b>67.5</b>	175.0	125.0	135.0	<b>140.0</b>	315.0	1
<b>90kg</b>															
Geraldine Fitzsimmons	Scot West	M1	85.6	100.0	<del>-115.0</del>	<b>115.0</b>	40.0	<b>45.0</b>	<del>-50.0</del>	160.0	127.5	137.5	<b>152.5</b>	312.5	1
<b>67.5kg</b>															
Mike McBride	Fitness Plus	M2	66.2	175.0	<del>-185.0</del>	<b>185.0</b>	95.0	100.0	<b>105.0</b>	290.0	200.0	210.0	<b>220.0</b>	510.0	1
<b>75kg</b>															
Bob Parfitt	Spartan	M1	73.9	210.0	<b>225.0</b>	<del>-232.5</del>	115.0	125.0	<b>135.0</b>	360.0	230.0	<del>-245.0</del>	<b>245.0</b>	605.0	1
Jim Watson	Kilmarnock	M3	74.5	<b>180.0</b>	<del>-190.0</del>		97.5	105.0	<b>107.5</b>	287.5	185.0	<b>200.0</b>		487.5	1
George Robertson	Dingwall	M3	74.0	150.0	<b>160.0</b>	<del>-170.0</del>	<del>-95.0</del>	105.0	<del>-110.0</del>	265.0	180.0	<b>190.0</b>	<del>-202.5</del>	455.0	2
Alex McNamara	Fitness Plus	G	72.4	<b>195.0</b>			125.0	130.0	<b>135.0</b>	330.0	200.0	<b>210.0</b>	<del>-220.0</del>	540.0	G
Andy Clegg	Kilmarnock	G	70.1	160.0	170.0	<b>177.5</b>	105.0	<del>-110.0</del>	<b>112.5</b>	290.0	175.0	<del>-190.0</del>	<b>190.0</b>	480.0	G
<b>90kg</b>															
Arthur Cowley	Kilmarnock	M1	88.1	<b>225.0</b>			<b>110.0</b>			335.0	<b>225.0</b>			560.0	1
Willie Lincoln	Kilmarnock	M2	84.9	230.0	242.5	<b>250.0</b>	170.0	180.0	<b>185.0</b>	435.0	235.0	<b>250.0</b>	<del>-260.0</del>	685.0	1
Harry Beatie	Ind	M2	84.5	140.0	<del>-150.0</del>	<b>155.0</b>	<del>-110.0</del>	<del>-115.0</del>	<b>120.0</b>	275.0	150.0	165.0	<b>175.0</b>	450.0	2
<b>100kg</b>															
Frank Sinclair	Paisley	M1	98.4	<del>-245.0</del>	<b>245.0</b>	<del>-255.0</del>	<b>145.0</b>	<del>-155.0</del>	<del>-155.0</del>	390.0	275.0	<b>295.0</b>	<del>-305.0</del>	685.0	1
Keith Craigmile	Spartan	M1	97.4	215.0	<b>225.0</b>	<del>-235.0</del>	150.0	<b>160.0</b>	<del>-165.0</del>	385.0	230.0	245.0	<b>250.0</b>	635.0	2
Clive Williams	Dingwall	M3	95.4	230.0	<b>240.0</b>		140.0	150.0	<b>152.5</b>	392.5	230.0	245.0	<b>255.0</b>	647.5	1
<b>110kg</b>															
Steve Cumming	Spartan	M1	105.0	260.0	280.0	<b>300.0</b>	<del>-190.0</del>	<del>-190.0</del>	<b>190.0</b>	490.0	200.0	<b>210.0</b>		700.0	1
Jim Ewen	Spartan	G	103.0	220.0	<del>-235.0</del>	<b>235.0</b>	120.0	<b>130.0</b>	<del>-140.0</del>	365.0	260.0	<b>280.0</b>	<del>-300.0</del>	645.0	G
<b>125kg</b>															
Hamish Davidson	Paisley	M1	114.3	<del>-220.0</del>	<b>225.0</b>		135.0	<del>-145.0</del>	<b>145.0</b>	370.0	225.0	<b>235.0</b>		605.0	1

REFEREE

David Hammond

REFEREE

Alex Thompson

REFEREE

Alex Mathieson