

**Scottish Easterns 2004**

Name	Wt.	Squat			Bench Press			Sub	Deadlift			Total	Pos.
<b>Women</b>													
<b>67.5kg</b>													
Helen Richards	67.20	105.00	110.00	115.00	62.50	65.00	65.00	175.00	130.00	137.50	142.50	317.50	1
<b>75kg</b>													
Mary Anderson	70.40	75.00	82.50	90.00	55.00	57.50	60.00	150.00	105.00	115.00	125.00	275.00	1
<b>82.5kg</b>													
Frances Skiftesvik	75.70	130.00	135.00	140.00	75.00	80.00	85.00	220.00	160.00	175.00	180.00	395.00	1
<b>90+kg</b>													
Rebecca Buckner	105.80	120.00	130.00	130.00	60.00	65.00	65.00	185.00	150.00	165.00	180.00	365.00	1
<b>Men</b>													
<b>60kg</b>													
Ali Fleming	57.00	190.00	202.50	212.50	110.00	115.00	117.50	327.50	210.00	222.50	230.00	557.50	1
<b>67.5kg</b>													
Mike McBride	66.90	175.00	185.00	195.00	105.00	110.00	115.00	310.00	210.00	220.00	230.00	540.00	1
<b>75kg</b>													
Bob Parfitt	72.80	210.00	225.00	232.50	120.00	127.50	132.50	360.00	235.00	245.00	252.50	605.00	1
Alex McNamara	71.50	185.00	195.00	202.50	125.00	130.00	137.50	325.00	190.00	205.00	215.00	540.00	2
Mark Paterson	68.20	135.00	145.00	155.00	70.00	80.00	85.00	240.00	160.00	170.00	180.00	420.00	3
Andy Clegg	72.20	160.00	175.00	182.50	105.00	110.00	115.00	292.50	180.00	190.00	200.00	492.50	G
<b>82.5kg</b>													
Rab Beaton	81.40	230.00	250.00	260.00	165.00	172.50	177.50	432.50	245.00	255.00	-----	687.50	1
Fraser Hay	82.10	190.00	200.00	215.00	120.00	130.00	135.00	350.00	190.00	210.00	220.00	560.00	2
Ian Murray	80.60	160.00	180.00	200.00	110.00	110.00	120.00	320.00	180.00	210.00	240.00	530.00	3
Mike Anderson	80.80	140.00	150.00	160.00	95.00	100.00	105.00	260.00	190.00	200.00	210.00	470.00	4
Scott Battersby	75.60	155.00	165.00	175.00	85.00	90.00	90.00	260.00	165.00	180.00	195.00	455.00	5
<b>90kg</b>													
Shaun Thomas	85.30	175.00	180.00	195.00	110.00	120.00	135.00	330.00	200.00	215.00	235.00	545.00	1
Alex Campbell	87.90	160.00	170.00	175.00	105.00	115.00	115.00	280.00	160.00	175.00	185.00	465.00	2
<b>100kg</b>													
Clive Williams	99.10	230.00	240.00		145.00	155.00	165.00	405.00	240.00	255.00	260.00	665.00	1
Keith Craigmile	96.30	210.00	220.00	225.00	155.00	165.00	172.50	397.50	235.00	250.00	255.00	647.50	2
<b>110kg</b>													
Steve Cumming	103.80	260.00	290.00	305.00	180.00	190.00	200.00	505.00	200.00	230.00		705.00	1
<b>125kg</b>													
Paul Swinton	123.70	270.00	290.00	310.00	170.00	180.00	190.00	480.00	280.00	300.00	320.00	800.00	1
Phillip Jent	114.10	230.00	235.00	242.50	195.00	200.00	202.50	445.00	240.00	255.00	265.00	710.00	2
Graeme Russell	111.70	215.00	225.00	235.00	132.50	137.50	142.50	372.50	215.00	230.00	245.00	617.50	3