

WEIGHTLIFTING SCOTLAND - POWERLIFTING COMPETITION PROGRAM 2006

Date	Venue / Championships	Place
January 28/29	British Junior Powerlifting Championships	Dover
Feb.4/5	British Bench Press Championships-all classes	Birmingham Sports Centre
February 25/26	British Senior Powerlifting Championships	Birmingham Sports Centre
February 25/26	ER BenchPress Championships	Randers , Denmark
March 4th	Scottish Open	Grangemouth Stadium
March 18th	Special Olympics Scotland Open	Livingston, Scotland
March 25th	GB Junior Squad Training	Crystal Palace, London
April 1st	GB Master / Senior Bench Press Squad Training	
April 19/23rd	World Master Bench Press Championships	Miami , USA
April 29th	Scottish Unequipped	Palace of Arts, Bellahouston
April 30th	GB Men/ Women Squad Training	Crystal Palace, London
May 7th	GB Bench Squad Training	Crystal Palace, London
May 9/14th th	European Men / Women Championships	Brno , Czech Rep
May 13 / 14th	British Masters Championships	Birmingham Sports Centre
May13th	GB Junior Squad Training	Tyseley Fitness Centre
May 24 / 28th	World Bench Championships	Budapest, Hungary
June 3rd	Scottish Push & Pull Competition	Ardler Complex, Dundee
June 14 / 18th	European Junior Championships	Trencin , Slovakia
June (PROV)	Unequipped British Championships	Birmingham Sports Centre
June 10th or 11th (PROV)	Western Euro Cup Squad	Crystal Palace, London (PROV)
July 1st or 8th	GB Masters / Seniors Bench Squad	Crystal Palace, London
July 5 / 9th	European Master Championships	Czech Republic
July 29 / 30th (PROV)	British Unequipped Bench Press Championships	Shenley / Milton Keynes (PROV)
July 20 / 23th	Western Union Cup	Hamm, Luxembourg
August 3 / 6th	European Masters BenchPress Championships	Kolomyja, Ukraine
July 29th	Scottish District Championships	Grangemouth Stadium
August 10 / 13thh	European Bench Press Championships	Bordeaux, France
September (??)	Celtics	Ireland (??)
September 30th	Scottish Bench Press & Juniors Championships	Palace of Arts, Bellahouston
October 4 / 8th	World Masters Championships	Killeen USA
October 7th	GB Men / Womens Squad Training	Crystal Palace, London (PROV)
October 14 or 21st	4 Nations Championships	Scotland
October 22 / 23rd	International Youth Development Cup Invitation	Northumberland (PROV)
November 4th	Scottish Seniors Championships	Grangemouth Stadium
November 5th / 12th	World Men / Womens Championship	Stavanger, Norway
December 2nd	Scottish Masters Championships	Palace of Arts, Bellahouston