

SPA JUNIORS & UNDER 23 CHAMPIONSHIPS 4TH JULY 2004

	Name	Club		Wt.	Squat			Bench Press			Sub	Deadlift			Total	Pos.
	<u>JUNIORS & U23</u>															
	<u>60kg</u>															
M	Daniel Mckean	Unattached	u18	59.2	115.0	125.0	130.0	80.0	85.0	-87.5	215.0	150.0	-155.0	365.0	1	
	<u>67.5kg</u>															
F	Jenna O'neill	Unattached	u18	61.3	85.0	92.5	-100.0	37.5	-42.5	-42.5	130.0	95.0	102.5	-107.5	232.5	1
M	Gordon Rennie	Key to Life	u18	66.0	120.0	130.0	140.0	-65.0	75.0	-80.0	215.0	155.0	165.0	175.0	390.0	1
M	Mark Paterson	Edin Univ	u23	67.5	145.0	-155.0	160.0	-70.0	75.0	85.0	245.0	155.0	165.0	180.0	425.0	1
	<u>75kg</u>															
M	Chris Bonnar	Key to Life	u18	72.7	-130.0	130.0	-145.0	75.0	85.0	-95.0	215.0	165.0	-175.0	-185.0	380.0	1
	<u>82.5kg</u>															
M	Sameer Akhtar	Key to Life	u18	79.9	120.0	130.0	140.0	85.0	-95.0	100.0	240.0	165.0	175.0	-185.0	415.0	1
	<u>90kg</u>															
M	Tom Walker	Unattached	u18	97.7	195.0	-205.0	-205.0	105.0	112.5	-120.0	307.5	175.0	190.0	205.0	512.5	1
	<u>110kg</u>															
M	John Ramsden	Unattached	u18	109.6	140.0	150.0	165.0	90.0	-100.0	-105.0	255.0	175.0	-185.0	-195.0	430.0	1
M	Gary Carroll	Tayside	u20	107.7	150.0	160.0	170.0	85.0	92.5	-100.0	262.5	180.0	190.0	200.0	462.5	1

REFEREE

Alex Mathieson Nat

REFEREE

Campbell Higgins Cat1

REFEREE

David Hammond Nat

Best Junior
Best Unequipped

Mark Paterson
Bruce McDonald