

Scotland's Strongest Man Under 105kg and Scotland's Strongest Woman 2006

No	Name	Log Press			Farmers Walk			Carry and Drag				Deadlift					Medley					Stones				Total Points		
		Reps	PI	Points	Dist	PI	Points	Yoke	Chain	PI	Points	Lift 1	Lift 2	Lift 3	Final	PI	Points	Keg	Block	Tyre	PI	Points	Stones	Time	PI		Points	
10	Frank Connolly	9	2	8.5	24.80	5	6		38.65	1	10	280	300	310	300	5	5.5				2	3	8	4	29.04	1	10	48.0
2	Michael Daley	0	10	0.0	30.00	2	9		42.95	2	9	320	340		340	1	10.0			64.53	1	10	4	32.54	2	9	47.0	
4	Alan Sneddon	4	7	3.5	30.75	1	10		45.84	4	7	280	300	310	310	3	7.5			69.10	2	9	4	41.87	5	6	43.0	
7	Mark Morley	4	7	3.5	29.55	3	8		47.18	5	6	310	330		330	2	9.0				1	5	6	2	13.58	7	4	36.5
8	Ian Plews	9	2	8.5	14.35	8	3		66.37	6	5	280	300	310	310	3	7.5		7.97m			10	1	4	38.95	4	7	32.0
5	Lee Allan	8	4	7.0	5.10	9	2		44.68	3	8	280				0	10	0.0			1	5	6	4	37.53	3	8	31.0
6	Stephen Murray	5	6	5.0	24.40	6	5	0.5m		10	1	260	280	300	300	5	5.5				1	5	6	4	42.40	6	5	27.5
1	Stuart Yule	6	5	6.0	27.70	4	7		7.96m	8	3	280	300		280	7	4.0		15.00m			7	4	2	21.40	8	3	27.0
3	Andy Patrick	11	1	10.0	1.00	10	1		7.20m	9	2	280				0	10	0.0		12.90m		8	3	2	26.40	10	1	17.0
9	Gordon Kay	0	10	0.0	15.00	7	4		10.50m	7	4	260	280		260	8	3.0		12.40m			9	2	2	23.20	9	2	15.0
2	Bernie McKinlay	11	2	2.0	48.75	1	2		49.31	1	2	160	200	220	220	1	2.0			43.00	1	2	5	24.96	1	2	12.0	
1	Becky Ditchburn	0	0	0.0	32.90	2	1	15m		2	1	100	120	140	120	2	1.0		8.45m			2	1	5	56.24	2	1	5.0

Men

Log Press 100kg for reps

Farmerswalk 120kg x 2 for max distance

Carry and Drag 315kg yoke and 300kg chain for 15 meters

Silver Dollar Deadlift for max weight

Medley 120kg keg onto barrel and 200kg block for 15 meters, 420kg tyre for 3 flips

Stones 100, 110, 120, 130 and 140kg onto barrels

Women

Log Press 60kg for reps

Farmerswalk 65kg x 2 for max distance

Carry and Drag 150kg yoke and 250kg chain for 15 meters

Silver Dollar Deadlift for max weight

Medley 50kg keg onto barrel and 100kg block for 15 meters, 250kg tyre for 1 flips

Five 50kg Kegs onto barrels